

# Safeguarding Policy



مدارس دبي  
DUBAI SCHOOLS  
البرشاء  
AL BARSHA



Safeguarding means keeping you safe.

At our school, safeguarding is about:

- Helping you feel safe, respected, and supported
- Making sure no one hurts you, scares you, or makes you uncomfortable
- Listening to you and taking your worries seriously
- Making sure adults act to protect your wellbeing
- Every student has the right to feel safe, no matter who they are or where they come from.

## **2. Your Right to Be Safe**

You have the right to:

- Be treated with kindness and respect
- Learn in a safe environment
- Say no to anything that makes you feel uncomfortable
- Ask for help if something doesn't feel right
- Be listened to and taken seriously
- No one is allowed to hurt you, threaten you, pressure you, or make you feel unsafe — ever.

## **3. Who Is Responsible for Keeping You Safe?**

Keeping you safe is everyone's responsibility.

This includes:

- Teachers
- School leaders
- Counselors
- Support staff

- Visitors and volunteers
- There are also specially trained adults called Designated Safeguarding Leads (DSLs).  
Their job is to:
  - Help students who feel unsafe
  - Listen carefully
  - Take action to protect students
  - Your school will tell you who these people are and how to find them.

#### **4. What Does “Not Safe” Look Like?**

Sometimes being unsafe can look different. It may include:

Neglect- When basic needs are not met, such as:

- Not having enough food
- Not being cared for properly
- Being left alone when it isn't safe

Physical Abuse- When someone:

- Hits, kicks, shakes, or hurts you
- Causes injuries on purpose

Emotional Abuse- When someone:

- Constantly insults, threatens, or humiliates you
- Makes you feel worthless, scared, or unloved

Inappropriate Touch - When someone:

- Touches you on your body in a way that makes you feel uncomfortable
- Asks you to look at or share inappropriate images and/or videos
- Makes inappropriate comments or requests

Online Harm- When someone:

- Bullies or threatens you online

- Pressures you to send photos or messages
- Makes you feel unsafe on social media or games

Self-Harm or Unsafe Thoughts- When someone is:

- Hurting themselves
- Talking about wanting to die
- Struggling with eating or body image in harmful ways

If any of this is happening to you or someone else, it is not your fault.

## **5. What Should You Do If You're Worried?**

If something doesn't feel right:

Tell a trusted adult

This could be:

- A teacher
- A counselor
- A school leader
- A safeguarding lead

Tell as soon as you can. You will not get in trouble speaking up. If it's about a friend, still tell.

You are helping them, not getting them in trouble. Adults may need to share your concern with other trained professionals — this is to keep you safe, not to punish you.

## **6. What Will the School Do?**

When a concern is shared, the school will:

- Listen carefully
- Take your feelings seriously

- Act calmly and responsibly
- Work with trusted organizations if needed
- Always focus on what is best for you
- Adults will not ask you to investigate or prove anything — that is their responsibility.

## 7. How We Help Keep You Safe Every Day- Our school works hard to keep everyone safe by:

- Teaching you how to stay safe (including online)
- Making sure adults are trained to protect students
- Having clear rules about behavior and respect
- Providing counselors and pastoral support
- Encouraging you to speak up and ask for help

## 8. Remember This

- You are important
- Your safety matters
- Your voice matters
- You are never alone

If something feels wrong, trust yourself and tell someone.



Future-ready  
الاستعداد للمستقبل



Trust & Empathy  
الثقة والتعاطف



Collaboration & Inclusion  
التعاون والدمج



Cultural Preservation  
الحفاظ على الهوية الثقافية



Academic Excellence  
التميز الأكاديمي